



SAMPURNA MONTFORT COLLEGE
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The Annual Quality Assurance Report (AQAR)
For the year 2006 – 2007

IQAC Members

1. Chairperson- Dr. (Bro). Mathew Panathanath
2. Senior administrative officers- Ms. Saritha Mathew and Br. George Padikara
3. Teachers- Ms. Surya Rekha, Ms. Sritha Sandon and Ms. Pompei Banerjee
4. Members of management- Dr (Bro). Jacob Ezhanikatt
5. Nominee from local society- Prof. Ranbir. S. Bhatti
6. IQAC coordinator- Dr. Tony Sam George

PART A:

The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement and the outcome achieved by the end of the year.

The plans for 2006-2007 and the corresponding outcomes are detailed below:

1. To enhance student learning by including guest lectures, seminars and workshops by professionals with expertise in various fields – This year, the college was able to organize only three such activities.
2. The college recognized the need for (i) creating awareness about supervision being a crucial component of effective clinical training (ii) enhancing supervisory skills of faculty and (iii) providing standard faculty input despite turnover. Therefore, College planned to organize faculty development programmes to address these needs- Relevant faculty development programmes were carried out during the academic year.
3. To increase the number of journals related to Counselling and Psychology- Access to various scientific journal articles was made available through subscription to Questia, an online library
4. To equip all classrooms and other learning centers in the new College building adequately for a conducive learning atmosphere- All classrooms and laboratories were well equipped
5. To encourage faculty members to conduct academic and awareness programmes outside the college- A variety of programmes were conducted towards this goal. (Details can be found in section 41, part- B of this report)
6. To begin exploring opportunities to organize an International conference on Counselling and to start preliminary preparations- The theme of the conference was finalized and various committees were formed.

PART B:

1. Activities reflecting the goals and objectives of the institution:

Sampurna Montfort College keeps the institutional objectives of (1) Personality building (2) Openness to growth (3) Intellectual competence and (4) Commitment to justice and cultural integrity at the core of all activities planned and implemented. Details of the same can be found under various heads of this report.

2. New academic programmes initiated (UG and PG):

No new academic programmes were initiated during this academic year.

3. Innovations in curricular design and transaction:

Individual supervision was provided to students of M. Sc. Psychology during the fourth semester of their programme, when they carried out their field work.

4. Inter-disciplinary programmes started:

All courses offered at the college come under the single larger discipline of Psychology.

5. Examination reforms implemented:

All examination procedures are stated and implemented by the Bangalore University. However some reforms have been introduced at the internal assessment level where the institution has the freedom to do so.

Sampurna Montfort College recognizes that each paper has a different focus and taps different skills. With this in mind, the internal assessments are also different for different papers which can include

- Tests
- Case analyses
- Presentations
- Assignments

6. Candidates qualified: NET/SLET/GATE etc.

No candidates appeared in the above mentioned examinations.

7. Initiative towards faculty development programme:

With a view to continually enhancing supervisory skills of the faculty, two workshops were conducted on the same: One day workshop on supervision was conducted by Adrienne Hirschfield and Frankie Siddu (U.K.) in November 2006 and a five-day workshop (between 28/05/07 and 02/06/07) on clinical supervision by Mr. Clyde Murthy from Singapore.

8. Total number of seminars/workshops conducted:

1	Workshop by Ms. Wendy & Ms. Janet Rippin from U.K. on "Death and Bereavement Counselling", 25/10/2006 to 28/10/2006.
2	One day Training Programme on "Family Dynamics and Personality Development for students of the ST. Peter's Seminary, Malleswaram by Sampurna Montfort College students on 02/07/2007.

3	One day Orientation program on 'Teacher student interaction' for the teachers at St. Thomas Public School, conducted by Dr. R.S. Bhatti, 02/06/2007
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9. Research projects: Research projects enlisted here are initiated and completed during the current academic year in partial fulfillment of the requirements of the M.Sc. Psychology course. They are all guided by the College Faculty

a) Newly Implemented:

b) Completed:

21 dissertations were completed by M.Sc. Psychological Counselling students. 15 research projects in various areas related to clinical psychology were carried out by the IV semester M.Sc. Psychology students. 20 research projects were carried out by II semester M.Sc. Psychology students on various topics related to Cognitive Psychology.

10. Patents generated, if any: Not Applicable

11. New collaborative research programmes:

No new collaborative research programmes were conducted during this year.

12. Research grants received from various agencies:

No research grants were received for this academic year

13. Details of research scholars:

No research scholars enrolled for the Doctoral programme through Bangalore University this academic year.

14. Citation index of faculty members and impact factor:

Published work of faculty members have not been cited during this academic year as far as the College is aware of.

15. Honors/Awards to the faculty:

No honours or awards were conferred upon the faculty members during this academic year

16. Internal resources generated: No financial resources were generated internally.

However, a Student handbook (Provides information about course requirements and institutional guidelines) has been developed as a supplementary academic material and distributed to students.

17. Details of departments getting SAP, COSIST (ASSIST) /DST. FIST, etc.

Assistance/recognition: Assistance/recognition: No assistance is being received by any department in the institution

18. Community services:

In collaboration with the Family Counselling Centre, Sampurna Montfort College provides counseling services for problems such as family discord, marital conflict, career guidance, personal

problems, disinterest in studies, etc. awareness programmes and orientation programmes were also provided to members of neighbouring slums on various social issues such as dowry, alcoholism, and family violence. Some of these programmes are:

- An awareness programme with Ammodya about HIV/alcohol has been organized in (M V Garden) Ulsoor slum on 6-11-2006. Number of women participated in the meeting.
- An awareness class on acknowledging and taking care of women needs was conducted on 3-11-2006. Centre has extended its services to many slums like M.V. Garden slums, Jokpalaya slum, Murphy Town slum, Old Byappanahalli, New Byappanahalli slum, Binnamangala slum etc

In addition, counsellors extended their services to many schools, hospitals and other institutions conducting psycho educational programmes, group counselling and individual counselling.

19. Teachers and officers newly recruited:

Sl.No	Name	Designation	Date of Appointment
1	Ms. Anne Zachariah	Lecturer	10/07/2006
2	Ms. Rema K	Lecturer	10/07/2006
3	Ms. S. Selvi	Lab attender	12/07/2006
4	Ms. Ruhaina Hydari Khan	Lecturer (part-time)	17/07/2006
5	Ms. Pompe Banerjee	Lecturer	24/07/2006
6	Ms. Sandhya Rasquinha	Lecturer (part-time)	07.10.2006
7	Ms. Sarah Sruti Lall	Lecturer	26/10/2006
8	Ms. Presitha K.V	Office Assistant	01/08/2006
9	Mr. Immanuel	Peon	01/02/2007
10	Ms. Asha Rani. K	Library Assistant	19/02/2007

20. Teaching – Non-teaching staff ratio:

During this academic year there were 13 teaching staff and 6 non teaching staff. The ratio was 2.1: 1.

21. Improvements in the library services:

An online database of books and journals was added to the library by subscription to an online library.

22. New books/journals subscribed and their value:

888 books, one journal and 10 magazines were added to the library at a cost of Rs. 69,635/- during the academic year 2006-2007. The College subscribed to an online library of books and journals (Questia).

23. Courses in which student assessment of teachers is introduced and the action taken on student feedback:

Student assessment of teachers is an integral part of all courses run at Sampurna Montfort College. This is a confidential process in which the student's identity is not revealed to the

teacher and only the relevant feedback is communicated. Appropriate actions such as initiating change in teaching style and lesson preparation are carried out when indicated.

24. Unit cost of education:

Total cost of education for the academic year: Rs. 26, 03, 161/-

Number of students: 80

Unit cost of education: Rs.32, 540/-

25. Computerization of administration and the process of admissions and examination results, issue of certificates:

The administration and admission process handled by Sampurna Montfort College has been fully computerized since 1998.

The examination results and issue of certificates are handled by the Bangalore University which is also fully computerized.

26. Increase in the infrastructural facilities:

New College building was inaugurated on 26th November 2006. The college offers 16 furnished class rooms with capacities ranging from ten to hundred students, an auditorium to seat 250 people, two psychology laboratories, a computer laboratory, a large well equipped library, an audio-visual room, six counselling rooms, four group therapy rooms with one-way mirror, room for indoor games to mention a few. In addition, rest rooms are provided separately for men and women on each floor, sick room, staff room, administrative office, principal's office and a parlour.

27. Technology upgradation:

The auditorium was equipped with sound system including speakers and microphones at a cost of Rs. 97,361/-. A pre existing LCD projector was also installed in the auditorium.

28. Computer and internet access and training to teachers and students:

Computer software was upgraded – “Superlab Pro ©” was added. Internet access has been available through the computer lab since 2000.

29. Financial aid to students:

Management of Sampurna Montfort College provides financial assistance to students from low income groups/ families. This year financial aid was provided to three students.

Apart from this, the college also facilitates financial assistance from international bodies committed to assist students from low income groups/ families. Nine (9) students received financial assistance from international bodies this year.

30. Activities and support from the Alumni Association:

On November 2007 over 20 alumni met to hold discussions regarding the future of the alumni association and ways to improve it.

The themes which emerged were: Expectations from the alumni, activities related to professional development, organizing occasional social get together.

31. Activities and support from the Parent-Teacher Association:

The college does not have a formal Parent teacher association. Parents are an integral part of the college's major events and celebrations. Parents and guardians are encouraged to visit their wards at College whenever they want to. Faculty members are open to interact with parents/guardians. Parents/ guardians are informed of students' issues as and when necessary.

32. Health services:

All students are expected to submit a general medical report at the time of admission to the college. In case a student has a medical condition the college extends feasible help to address their medical needs. There is a room available in the college where students can rest when they feel unwell. First aid is available in the college administrative office. The college has close contacts with efficient hospitals in the vicinity.

33. Performance in sports activities:

Annual Sports Day was conducted. Team games such as table tennis and throwball and quiz competitions were organized.

To foster interest in sporting activities among the students, the college has provided concrete Basket Ball courts; Volley Ball Courts as well as facilities to play throw ball, tenni-koit, shuttle badminton and Table Tennis. Indoor games facility is available. The large compound with its lush greenery and orchard provide a very relaxing environment for the students to spend their leisure time.

Ms. Archana Bhushan (M.Sc Psychological Counselling student of 2005-2006 batch) had been appointed to the Sports Board for development of sports activities in the Bangalore University as a student representative among best sports persons. S. Archana Bhushan, has competed in National level swimming and has won many national and international awards including Ekalavya Sports Award.

34. Incentives to outstanding sportspersons:

Medals and certificates were given for victorious sportspersons and teams.

35. Student achievements and awards:

Graduates of the 2004-2006 academic year received their rank certificates from Bangalore University.

Shiji Joseph M secured 1st Rank in M.Sc Psychological Counselling from Bangalore University, Sandhya Miriam Rasquinha secured 2nd Rank, Joby Thomas secured 3rd Rank, Steephen C secured 4th Rank

College-initiated awards were also given to deserving students.

Lisamma Sebastian and Aneesha Babani received awards for outstanding achievement in academics, Sahan Sarvi and Shreemoyee Sharma received awards for outstanding initiatives in extracurricular activities, Sahan Sarvi and Roshni Joseph were awarded for best Theses and Best project work respectively and James Mathew and Sabeena Parveen were declared Valedictorians of their respective classes and received awards to this effect.

36. Activities of the Guidance and Counselling unit:

Since Sampurna Montfort College is an institution specializing in higher education related to Counselling and Psychology, there is no separate guidance and counselling unit for

students in the College. However, students are provided supervision for guidance related to professional issues and are encouraged to work with a Mentor to understand themselves and resolve issues if any.

37. Placement services provided to students:

Sampurna Montfort College has many professional contacts with various counseling centers and organizations. Through these and the personal contacts of the various faculty members, students are placed in organizations dealing with child development, employee assistance, etc every year.

38. Development programmes for non-teaching staff:

Currently as the number of non teaching staff is less it has not been feasible to conduct any development programmes for them. However, an orientation is carried out to every new member regarding the job and specific training is imparted wherever indicated. In addition, the non-teaching staff is an integral part of all the events and celebrations carried out in college such as sports day, staff picnic, and extra-curricular activities to promote healthy interaction among all members of the institution.

39. Healthy practices of the institutions

Sampurna Montfort College is closely associated with the community and society. Students and staff are encouraged to participate in relevant community programmes. The College also fosters regular interactions with faculty and their families. A staff picnic was organized to allow staff to develop bonds among themselves, to relax and de stress.

The College emphasizes individual attention to personal growth of students. Students are also encouraged to go through counselling with a professional to understand themselves better and to resolve any issues that they might have.

The student's council along with the College administration organizes several academic and cultural events throughout the year.

During this academic year M. Sc. Psychology students were given the opportunity to enroll for a certificate course to enable them to learn basic counselling skills.

On the whole, the College constantly strives to create a conducive and healthy environment for the development of students.

40. Linkages developed with National/International, academic/ Research bodies

Sampurna Montfort College has professional contacts with various departments of the National Institute of Mental Health and Neuro sciences (NIMHANS) and with other organizations such as Central Social Welfare Board (CSWB), Karnataka Social Welfare Board (KSWB) and National Institute for Public Cooperation and Child Development (NIPCCD).

41. Any other relevant information the institution wishes to add:

The Bangalore University has agreed to enhance intake of students from 20 to 30 per year for both Masters in Psychological Counselling and Masters in Psychology programmes

- Programmes conducted by faculty members:
 - Group therapy and a self awareness programme for part time counselling students in Kannur, Kerala, India.

- Interpersonal relationship development programme for religious superiors
 - Adjustment program for youth staying away from home
 - Supervision for counsellors from various Counselling centers
 - Group therapy for middle aged individuals.
- Faculty members attended the following conferences:
 1. National Seminar on Exploring Excellence in Higher Education organised by Catholic Colleges in Karnataka,
 2. National Seminar on Continuing Education in Neuro Psychology at NIMHANS
 3. National Conference on Women Psychology “Rediscovery of Women Psychology; changing roles and challenges” organised by Dept. of Psychology Christ College
 4. Dr. Tony Sam George attended the 9th World Congress of Psycho-Social rehabilitation held from 12th to 15th October at Athens, Greece and presented a paper on “Obsessive Compulsive Disorder-Social Disability in India”
 - Application for the renewal of affiliation for the M.Sc. courses (Both Psychological Counselling and Psychology) was submitted to the Bangalore University on 15th September.
 In response to this application the Local Inquiry Committee of the Bangalore University inspected the College on 10th February 2007 under the Chairmanship of Dr. Basavarju Kalgudi. The team was very happy and appreciated the functioning of the college and the facilities offered.
 - Principal went to conduct the Viva for the Counselling Diploma students in Nirmala Institute in Goa in May. He also went as subject expert (counselling) for inspection by Goa University for affiliation. The Principal attended three meetings of Board of study of KSOU in Mysore to start MA Psychology, Certificate and Diploma courses.

Part C: Detail the plans of the institution for the next year.

The following are planned for the year 2007-2008:

- Organize an international conference on the theme “Building bridges for wellness through counselling and psychotherapy”
- Introduce weekly case conferences for the students of M.Sc. Psychology
- Introduce an Honour’s programme as a college initiative to encourage additional academic work by students
- Provide more focus on skills training
- Enhance student learning by organizing guest lectures and seminars

Dr. Tony Sam George
Coordinator, IQAC

Dr. Mathew Panathanath
Chairperson, IQAC